

Description



THE ABSOLUTE LEADER IN VALVE TRAIN TECHNOLOGY

Part Number: **Grind Number:**

Lifter Type: **Engine Family:**

Description: SOHC-Mild street performance, 3.23-3.55 gears. Good torque and power. Will work with stock computer. Noticeable idle.

Cam Family: Xtreme Energy™

Specifications

RPM-Range: **Valve Lash:**
Valve Timing: **Duration:**
Lobe-Center Angle: **Duration @ .050" Lift:**
Intake Centerline: **Valve Lift:**
Lobe Lift:

	Intake	Exhaust
	<input type="text" value="Hyd."/>	<input type="text" value="Hyd."/>
	<input type="text" value="268"/>	<input type="text" value="274"/>
	<input type="text" value="230"/>	<input type="text" value="236"/>
	<input type="text" value="0.5"/>	<input type="text" value="0.5"/>
	<input type="text" value="0.274"/>	<input type="text" value="0.274"/>

Installation Notes

Valve Timing @ 0.05" Lift:

	Open	Close
Intake	<input type="text" value="5"/> BTDC	<input type="text" value="45"/> ABDC
Exhaust	<input type="text" value="56"/> BBDC	<input type="text" value="0"/> ATDC

Recommended Components

Complete K-Kit

N/A

Cam, Lifter & Gear GK-Kit

N/A

Small SK-Kit

N/A

Cam & Lifter CL-Kit

N/A

Rocker, Push Rod RP-Kit

N/A

Lifter Kit

N/A

Timing Set

N/A

Gear Drive

N/A

Rocker Arms

N/A

Push Rods

N/A

Valve Springs

N/A

Retainers

N/A
N/A

Valve Locks

N/A

Valve Seals

N/A

Lash Caps

N/A

Rev Kit

N/A

Distributor Gears

N/A

Stud Girdle

N/A

RPM kit

N/A

Spring Locator

N/A

Cam Phaser Limiter Kit

N/A

Spring Seats

N/A

Camshaft Break-In Lube

159